

7. in school to train your mind by means of study. Subordinate your amusements to your studies. Don't play until you are so tired and sleepy that you cannot do your mental work properly. Play to increase your energies, not to ~~decr~~ deplete them.

These three, then, A definite worthy Purpose, an adequate Program for carrying it out, and a Personal Balance, a Character with which to exercise sound judgment and direct your affairs under self-control, and your future will be assured, your success in life will be certain, and you will be crowned with glory and honor.

"Be true to the dreams of thy youth;
Forget not thy purposeful aim;
Move forward and upward each year,
And the fruit of thy labor thou wilt claim."
A W. Lyon.

God Save it with Flowers